

Wingfield Primary School

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Executive Headteacher: Sophie Powell

Head Teacher: Ross Silcock



11th June 2021

Dear Year 5 Parents and Carers,

This summer term the children in Year 5 will be looking at the following areas as part of our ongoing programme of Relationships and Health Education (RHE) in school. The topic covers some elements of the Science curriculum, alongside elements from RHE.

Your child will be learning and understanding:

- About human lifecycles and reproduction (also covered in the science curriculum)
- How and why the body changes approaching and during puberty (also covered in the science curriculum)
- How people's emotions change during puberty and how to deal with their feelings towards themselves, their families and friends (RHE curriculum)

This forms part of the RHE curriculum that children follow all the way through school. It enables them to develop knowledge and understanding to help them to grow into confident and healthy adults. The resources we use are matched to the age of the children. We encourage children to ask questions in a safe and secure learning environment, providing them with factual information which is also matched to their age.

The main aims of our RHE policy are:

- to help and support children in their physical, emotional, social, intellectual, and moral development
- to help children and young people to learn to understand and respect themselves and others, and to move with confidence from childhood through adolescence and into adulthood
- for children and young people to acquire attitudes that prepare them to view their own relationships and physical changes in a healthy and responsible manner

We will ensure that all RHE lessons will be conducted in learning environments where children feel safe and respected.

Children **cannot** be withdrawn from Relationships Education or Health Education in primary or secondary education. This is to ensure that all children and young people learn about safe and healthy relationships, including online safety. This is seen as vitally important to any young person's development.

As always, the most effective learning can only take place when school and parents work together. This is especially true for RHE. Your child may want to talk things through with you and have questions that they would prefer to talk about at home, within their own family. We hope you will continue to support your child's learning in this way.

To support you with this, there will be a virtual parents' RHE information session on **Friday 18th June, at 10am**, where you will be able to view some of the materials and resources which will be used in teaching RHE to children in Year 5. The invite to this will be emailed to you.

Please note as we are conducting this meeting via TEAMS your email address will be visible to all those that also attend the meeting.

Please find below instructions on how to join the Teams meeting:

1. In your email invite, select **Join Microsoft Teams Meeting**.
2. You have two choices:
 - **Download the Windows app:** Download the Teams app.
 - **Join on the web instead:** Join a Teams meeting on the web.
3. Type in your name.
4. Choose the audio and video settings you want.
5. Select **Join now**.
6. Depending on meeting settings, you'll get in right away, or go to a lobby where someone in the meeting can admit you.

During the meeting please ensure your audio settings are muted to ensure that background noise is to a minimum. You are also able to switch off the video option if you would prefer to do this.

If you do have any questions during the meeting there is a 'raise hand' tool that you can select to show that you have a question or you can type a question in the 'Chat' option on the toolbar.

If you would like to discuss RHE further, please do not hesitate to contact your child's class teacher or ask to see Miss Hudson, the RHE Co-ordinator.

Yours sincerely,

Mr Silcock
Head Teacher